

Protein Shakes

3.3dl / 4.5dl

Balboa Power Shot ^(N)

Blaubeeren, Banane, Mandelbutter, Haferflocken, Protein, Hafermilch

9 / 12

Drill by Dill ^(N)

Banane, Dattel, Erdnussbutter, Protein, Kakao, Mandelmilch, Kakao-Nibs

9 / 12

Skinny Bitch ^(K)

Açaì, Himbeeren, Ananas, Protein, Kokoswasser

9 / 12

+ Add to your juice, smoothie or shake

Himbeeren, Blaubeeren, Kakao-Nibs +1

Açaì, Avocado, Protein +2

Do you want your drink bottled?

+1

Açaì Bowls

Basis aus Açaì, Banane, Dattel und Topping nach Wahl

kl./gr.

Original Topping ^(N) ^(K)

Granola, Erdnüsse, Granatapfel

13 / 17

Superfood Topping ^(K)

Superfood-Crunch, Goji-Beeren, Blaubeeren

13 / 17

+ Add to your breakfast or açai bowl

Erdnussbutter, Mandelbutter, Granatapfel, Blaubeeren, +2

Goji-Beeren, Superfood-Crunch, Protein +2

Granola +3

Nutrition Bowls

kl./gr.

Protein Bowl ^(G) ^(N)

Quinoa, Rote-Beete-Hummus, Broccoli, Tofu, Avocado, Süsskartoffeln, Mesclun-Salat, Cashew-Zitronen-Dressing

18 / 22

Paleo Bowl ^(N)

Zucchini-Noodles, Tomate, Rotkohl, Broccoli, Avocado, Blaubeeren, Kresse, Mesclun-Salat, Zitronen-Basilikum-Dressing

18 / 22

Mezze Bowl

Blumenkohl-Reis, Falafel, Rote-Beete-Hummus, Süsskartoffeln, Rotkohl, Granatapfel, Kresse, Mesclun-Salat, Tahini-Dressing

19 / 23

+ Add to your nutrition bowl

Avocado, Broccoli, Süsskartoffeln, Granatapfel +2

Tofu +3

Falafel +4

Sandwiches

Avocado Sandwich ^(G) ^(N)

Kräuter-Limetten-Frischkäse, Avocado, Kresse, Limette

10

Palestine Sandwich ^(G) ^(N)

Dinkel-Brot, Aubergine, Rote-Beete-Hummus, Rotkohl, Pickles, Mango-Sauce

10

+ Add to your sandwich

Avocado, Kresse +2

roots

^(G) Gluten

^(N) Nüsse

^(K) Kokos