

protein shakes

3dl / 9 4dl / 11 5dl / 13

Balboa Power Shot

Blaubeeren, Banane, Mandelbutter, Haferflocken, Protein, Hafermilch

Drill by Dill

Banane, Dattel, Erdnussbutter, Protein, Kakao, Mandelmilch, Kakao-Nibs

Million Dollar Shake

Cold Brew, Dattel, Cashewmilch, Kakao, Protein

Skinny Bitch

Açaì, Beeren, Ananas, Protein, Kokoswasser

açaì bowls

Original

Açaì, Banane, Dattel, Granola, Erdnüsse, Granatapfel

klein / 13 gross / 17

Superfood

Açaì, Banane, Dattel, Superfood-Mix, Goji-Beeren, Blaubeeren

*extra Toppings

Erdnussbutter / Mandelbutter / Granola / Granatapfel

+ 2

nutrition bowls

klein / 17 gross / 21

Protein Bowl

Quinoa, Zitronen-Rote-Beete-Hummus, Broccoli, Tofu, Avocado, Süsskartoffel, Mesclun-Salat, Cashew-Zitronen-Dressing, Kernen-Mix

klein / 20 gross / 24

Samurai Bowl ... warm bowl

Warmer Reis, Granatapfel, Wasabi, Edamame, Soy-Chunks, Sojasprossen, Rotkohl, Kresse, Mesclun-Salat, Mango-Chili-Dressing, Kernen-Mix

Curry Bowl ... warm bowl

Warmer Reis, Gelbes Curry, Süsskartoffel, Karotten, Kichererbsen, Rote Linsen, Federkohl, Kräuter, Trauben, Chili, Superfood-Mix

*extra Toppings

Avocado / Granatapfel

+ 2

Tofu

+ 3

Soy-Chunks

+ 5

sandwiches & more

Avocado Sandwich

Dinkel-Brot, Kräuter-Aufstrich, Avocado, Kresse, Limette

10

Palestine Sandwich

Dinkel-Brot, Aubergine, Zitronen-Rote-Beete-Hummus, Pickles, Rotkohl, Mango-Chili-Sauce

10

sweets

Banana Bread

Banane, Dinkelmehl, Brombeeren, Haselnüsse

4

Power Balls

4

Cookies

4

roots