juices

3dl / 8 4dl / 10 5dl / 12

Matt's Lemonade
Apfel, Zitrone, Ingwer

Immune Booster
Karotte, Orange, Kurkuma, Zitrone, Ingwer

Wake Up
Pink Grapefruit, Orange, Zitrone, Ingwer

3dl / 9 4dl / 11 5dl / 13

Detox
Broccoli, Fenchel, Spinat, Apfel, Zitrone, Ingwer

Green Glow
Spinat, Sellerie, Gurke, Chia-Samen, Limette, Apfel

Bulletproof
Ananas, Apfel, Limette, Cayenne, Passionsfrucht

shots

Ginger Shot 5
Ingwer, Zitrone, Cayenne, Apfel

Kurkuma Shot 5
Ingwer, Kurkuma, Zitrone, Schwarzer Pfeffer, Orange

Beauty Shot 6
Aloe Vera, Ingwer, Zitrone

roots

smoothies

3dl / 8 4dl / 10 5dl / 12

Winnie Pooh
Orange, Banane, Mango, Passionsfrucht

3dl / 9 4dl / 11 5dl / 13

Mean Green
Spinat, Avocado, Gurke, Sellerie, Apfel, Zitrone, Ingwer, Chia-Samen

Key West
Kokoswasser, Ananas, Minze, Avocado, Spinat, Limette

protein shakes

3dl / 9 4dl / 11 5dl / 13

Balboa Power Shot
Blaubeere, Banane, Mandelbutter, Haferflocken, Protein, Hafermilch

Drill by Dill
Banane, Dattel, Erdnussbutter, Protein, Mandelmilch, Kakao-Nibs

Million Dollar Shake
Cashewmilch, Cold Brew, Dattel, Kokosnuss, Kakao, Protein

Skinny Bitch
Açai, Waldbeeren, Ananas, Protein, Kokoswasser, Hanfsamen

nutrition bowls *... ab 11 uhr*

klein / 17 gross / 21

Sweet Green Bowl
Mesclun, Cherry-Tomaten, Sojasprossen, Rotkohl, Wassermelone, Blaubeere, Kresse, Haselnüsse, Trauben-Thymian-Dressing

Protein Bowl
Quinoa, Zitronen-Rote-Beete-Hummus, Broccoli, Tofu, Avocado, Süsskartoffel, Mesclun, Cashew-Zitronen-Dressing

klein / 18 gross / 22

Samurai Bowl
Sushi Reis, Granatapfel, Ingwer, Edamame, Avocado, Wassermelone, Mesclun, Miso-Dressing

klein / 20 gross / 24

Warrior Bowl
Süsskartoffel-Glasnudeln, Soy-Chunks, Zuckerschoten, Rotkohl, Minze, Koriander, Chili, Frühlingszwiebeln, Sojasprossen, Limette, Mesclun, Erdnüsse, Miso-Dressing

***extra Topping** 3
Avocado / Granatapfel / Tofu

sandwiches

Avocado Sandwich 10
Dinkel-Brot, Kräuter-Aufstrich, Avocado, Kresse, Limette

Palestine Sandwich 10
Aubergine, Zitronen-Rote-Beete-Hummus, Mesclun, Rotkohl, Mango-Chili-Sauce

breakfast *... nur bis 11 uhr*

Granola Bowl 10
Granola, kalte/warme Cashewmilch, Trauben, Feigen

Avocado Toast *... in-house only* 12
Dinkelbrot, Avocado, Mandelbutter, Granatapfel, Hanfsamen, Mango-Chili-Sauce

Porridge 12
3-Korn-Porridge, Granatapfel, gefrorene Beeren, geröstete Haselnüsse

***extra Topping** 2
Erdnussbutter / Mandelbutter / Granola / Granatapfel / Passionsfrucht

açaì bowls

Superfood 12
Açai, Banane, Dattel, Blaubeere, Buchweizen, Hanfsamen, Goji-Beeren

Original 13
Açaì, Banane, Dattel, Granola, Erdnüsse, Granatapfel

sweets

Banana Bread 4
Banane, Dinkelmehl, Brombeere, Haselnüsse

coffee

Espresso / Doppio 4 / 5

Americano 5

Cappuccino 5.5

Latte / Iced 6

Cold Brew / Latte 6.5

Matcha Latte / Iced 6.5
Matcha, Sojamilch

Kurkuma Latte / Iced 6.5
Kurkuma, Ingwer, Zimt, Schwarzer Pfeffer, Cashewmilch, Kokosöl

Bulletproof Coffee / Iced 7
Kaffee, Kokosöl, Cashewmilch

***extra Shot** 1

tea

Ginger Tea 6.5
Ingwer, Zitronenmelisse, Lavendel

Golden Tea 6.5
Kurkuma, Thymian, Zitrone

Red Mint Tea 6.5
Minze, Hibiskus